

Data Trends

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From the Research and Training Center for Children's Mental Health,
Tampa, Florida...

This News brief alerts you to the following article: Brannan, A. M. (2003). Ensuring effective mental health treatment in real-world settings and the critical role of families. *Journal of Child and Family Studies*, 12(1), 1-10.

Collaboration between researchers and clinicians is critical for the transportation of evidence-based practices into real-world settings. Yet family factors (e.g., socioeconomic status, caregiver strain, etc.) can limit family participation and thus hinder efforts to transport efficacious treatments into the community. The author suggests that the "family-focused approach could reduce family-level factors that impede full participation in evidence-based treatments by providing additional services to reduce family stressors, and enhance healthy family interactions" (p. 7). Given that Brannan reviews the system-of-care approach and developments in the field as they pertain to transportability issues and family participation, this article may be helpful in the classroom.

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