## **Data Trends**

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From the Research and Training Center for Children's Mental Health, Tampa, Florida...

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This News brief alerts you to the following two theoretical articles about bridging the gap between research and practice. Although these articles present research models for an adult population, the discussions provided in each article may be of use to child mental health researchers.

- 1) Roy-Byrne, P.P., et al. (2003). Moving treatment research from clinical trials to the real world. *Psychiatric Services*, 54(3) 327-332.
- 2) Carrol, K.M., Rounsaville, B.J. (2003). Bridging the gap: A hybrid model to link efficacy and effectiveness research in substance abuse treatment. *Psychiatric Services*, 54(3) 333-339.

The first article, by Roy-Byrne et al., reports on a stepwise approach to designing treatment intervention using an effectiveness model. The authors "review design considerations and illustrate them with examples from a three-site NIMH-funded study of panic disorder in primary care" (p. 328). This is one of the first translational treatment studies to focus on an anxiety disorder.

In the second article, Carroll and Rounsaville propose a hybrid model to link efficacy and effectiveness research; this model includes features intended to reduce barriers to care.

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