From the Research and Training Center for Children's Mental Health, Tampa, Florida...

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This News brief alerts you to the following special issue on current research on psychosocial and behavioral therapies for children and adolescents.


This ten-year update on evidence-based practices found a number of "well established" and "probably efficacious" treatments for many mental disorders. For example, six were "probably efficacious" for anxiety disorders, and two were "well established" for attention deficit hyperactivity disorder (ADHD), according to scientists funded by NIMH and the National Institute on Drug Abuse, divisions of the National Institutes of Health. Disorders or topics studied include: early autism; eating problems and eating disorders; depression; phobic and anxiety disorders; obsessive-compulsive disorder, disruptive behavior; ADHD; substance abuse; and trauma. Psychosocial treatments for ethnic minority youth are also considered.

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