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From the Research and Training Center for Children's Mental Health, Tampa, Florida...

This News brief alerts you to the following special issue on current research on psychosocial and behavioral therapies for children and adolescents.

Silverman WK, Hinshaw SP. (2008). Special issue: Evidence-based psychosocial treatments for children and adolescents: A ten year update. *Journal of Clinical Child and Adolescent Psychology*, 37(1).

This ten-year update on evidence-based practices found a number of "well established" and "probably efficacious" treatments for many mental disorders. For example, six were "probably efficacious" for anxiety disorders, and two were "well established" for attention deficit hyperactivity disorder (ADHD), according to scientists funded by NIMH and the National Institute on Drug Abuse, divisions of the National Institutes of Health. Disorders or topics studied include: early autism; eating problems and eating disorders; depression; phobic and anxiety disorders; obsessive-compulsive disorder, disruptive behavior; ADHD; substance abuse; and trauma. Psychosocial treatments for ethnic minority youth are also considered.

Data Trends are produced by the Research and Training Center for Children's Mental Health, Louis de la Parte Florida Mental Health Institute, University of South Florida, Tampa. Data Trends are funded by the Center for Mental Health Services, SAMHSA, U.S. Department of Health and Human Services. There are two Data Trends products: 1) Summaries (ISSN# 1537-0399), which detail recent, published articles on systems of care for children with emotional and behavioral disabilities and their families, and; 2) News briefs (ISSN# 1537-0402), which highlight related items or events of interest to the field.