

Data Trends

From: Data Trends
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This News brief alerts you to the following article: Jensen, P. S., Weersing, R., Eaton Hoagwood, K., & Goldman, E. (2005). What is the evidence for evidence-based treatments? A hard look at our soft underbelly. *Mental Health Services Research*, 7(1), 53-74.

This literature review examined 52 child psychotherapy treatment studies conducted from 1995 to 2004. The authors found that "few studies systematically explored whether the presumed active therapeutic ingredients actually accounted for the degree of change, nor did they often address plausible alternative explanations, such as nonspecific therapeutic factors of positive expectancies, therapeutic alliance, or attention" (p. 53).

The full abstract, including recommendations for future studies, is available at:
<http://springerlink.metapress.com/link.asp?id=TV75518378MP4806>

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