This News brief alerts you to the following article: Jensen, P. S., Weersing, R., Eaton Hoagwood, K., & Goldman, E. (2005). What is the evidence for evidence-based treatments? A hard look at our soft underbelly. Mental Health Services Research, 7(1), 53-74.

This literature review examined 52 child psychotherapy treatment studies conducted from 1995 to 2004. The authors found that “few studies systematically explored whether the presumed active therapeutic ingredients actually accounted for the degree of change, nor did they often address plausible alternative explanations, such as nonspecific therapeutic factors of positive expectancies, therapeutic alliance, or attention” (p. 53).

The full abstract, including recommendations for future studies, is available at: [http://springerlink.metapress.com/link.asp?id=TV75518378MP4806](http://springerlink.metapress.com/link.asp?id=TV75518378MP4806)

Data Trends are produced by the Research and Training Center for Children's Mental Health, Louis de la Parte Florida Mental Health Institute, University of South Florida, Tampa. Data Trends are funded by the Center for Mental Health Services, SAMHSA, U.S. Department of Health and Human Services. There are two Data Trends products: 1) Summaries (ISSN# 1537-0399), which detail recent, published articles on systems of care for children with emotional and behavioral disabilities and their families, and; 2) News briefs (ISSN# 1537-0402), which highlight related items or events of interest to the field.